

THE DIANE HARWOOD CENTRE FOR WOMEN

Part 1: Instructions

How to Apply

- 1. Complete this Preliminary Intake Assessment Form.
- Send your referral form to <u>VancouverHL.DHCWintake@salvationarmy.ca</u> or by fax to 604-682-1673.
- 3. Phone our Intake Counsellor at **604-646-6842** between 9am-4pm Tuesday-Saturday to confirm that we received your form and learn more about our intake process.

The Intake Counsellor may ask some follow-up questions to better understand your individual needs and what you are looking for in a treatment program. Incomplete forms will delay your application for Harbour Light's program. *Please note:* all applicants must be 19 years or older.

Waitlist

Our program may have a waitlist for new intakes. If you are on the waitlist, it is your responsibility to leave a phone message with the Intake Counsellor once a week to maintain your place on the list.

Clients must agree to abstain from alcohol and drugs, other than prescribed and/or approved over-the-counter medications, while participating in all phases of the Treatment Program.



Part 2: Applicant Information

For Office Use				
Date Application Received:	Date of Intake to Pre-Treatment:			
	1			
Personal Information				
Full Name:				
Pronoun:		Gender:		
Phone:		Date of Birth:		
Email:				
Address:				
City, Province:		Postal Code:		
Please do not provide your Social Insurance Number (SIN) or Personal Health Number (PHN) on this form. If you are accepted into program, you may need to provide this information to access funding through social assistance and/or to access pharmacy services.				
Do you have a Social Insurance Number (SIN)?		□ No □ Yes		
Do you have a Personal Health Number (PHN)?		□ No □ Yes		
Referring Agent				
Name:		Agency:		
Phone:		Address:		
Start Date of Service:				
Emergency Contact				
Name:		Relationship:		
Phone:		Address:		
Source of Income				
☐ Provincial Income Assistance (IA)		☐ Employment Insurance (EI)		
Provincial Disability Assistance (PWD)		Canada Pension Plan (CPP)		
☐ Employment ☐ Other		☐ Old Age Security (OAS)		



Education / Work Experience		
☐ Other	n school ege/university	☐ High school or GED☐ College/university degree
What work experience do you have?		
Part 3: Legal Information		
Past Criminal Convictions		
Do you have a criminal record?	\square Yes \square No	
Please list your convictions:		
Do you have a history of sexual offences?	☐ Yes ☐ No	
Do you have a history of violent crimes?	☐ Yes ☐ No	
Upcoming Court Dates		
Do you have pending civil, family, traffic or criminal cases?	□ Yes □ No	
Please describe:		
Court Location:	Court Date(s):	
Legal Status		
Is treatment court-mandated?	☐ Yes ☐ No	
Are you presently on probation?	□ Yes □ No	
Are you presently on parole?	\square Yes \square No	
If yes to any of the above, please list your conditions:		
Lawyer Contact		
Name:	Email:	
Phone:	Fax:	



Part 4: Substance Use & Treatment History

Treatment History				
Have you previously received counselling for your addiction?		□ No	☐ Yes	
Do you currently have an addiction	s counsellor?	\square No	☐ Yes (please provide details below))
Name:		Phone:		
Agency/Office:				
Have you previously attended substreatment program(s)?	tance use	□ No	☐ Yes (please complete the chart be	low)
Dates	Program		Did you complete?	
			☐ Yes ☐ No	
			☐ Yes ☐ No	
			☐ Yes ☐ No	
Have you ever been asked to leave a program? ☐ No ☐ Yes				
If yes, please explain why:				
Last Substance Use				
When was the last time you used a drank alcohol?	ny drug(s) or			
What did you use?				



Substance Use His	tory				
Substance	Method of Use (e.g. smoke, snort, IV)	Amount	Frequency	Age of First Use	Date Last Used
Alcohol					
Tobacco					
Marijuana					
Crack					
Cocaine					
Crystal Meth					
Heroin					
Fentanyl					
Ecstasy					
GHB					
Illicit Methadone					
Inhalants					
Benzodiazepines					
Prescription drug abuse					
Other:					
Opioid Agonist The	erapy				
Are you currently o	on an opioid agonis	st therapy?	□ No □ Yes	(please complete	questions below)
What are you takin	ıg?		☐ Methadone☐ Kadian	☐ Suboxone☐ Other:	
How long have you	ı been on opioid ag	gonist therapy?			
What is your curre	nt dose?				
Who is the prescrib	oing physician?		Physician's Phon	e:	

Please note: OAT medications are delivered and dispensed daily by our pharmacy at 8:15AM. We cannot accommodate PRN OAT medications.



Additional Challenges	
Have you ever struggled with any of the following?	
Sex Addiction □ No □ Yes	Grief & Loss □ No □ Yes
Problem Gambling ☐ No ☐ Yes	Other – please explain:
Part 5: Family Background	
Family Background	
Do you have any sisters?	□ No □ Yes <i>How many?</i>
Do you have any brothers?	□ No □ Yes <i>How many?</i>
Are you adopted?	□ No □ Yes
Did you spend time in foster care?	□ No □ Yes
Are there any signs of alcoholism, heavy drinking, or substance use among your family members?	□ No □ Yes
If yes, please explain:	
Relationship Status	
What is your current marital status?	☐ Single☐ Married☐ Common-Law☐ Divorced☐ Widowed☐ Other:
How would you assess your current relationship?	☐ Good ☐ Indifferent ☐ Bad ☐ Other:
Family Status	
Do you have any daughters?	□ No □ Yes <i>How many?</i>
Do you have any sons?	□ No □ Yes <i>How many?</i>
Who is taking care of your child(ren) right now?	□ Spouse / partner□ Foster care□ N/A□ Other:
Carial Wantan	
Social Worker	
Name:	Phone:



Part 6: Physical Health

Medical Care Provider				
Do you currently have a doctor?		\square No	□ Yes	(please complete the chart below)
Name:		Phone	e:	
Agency/Office:				
		•		
Medical History				
Do you have any medical diagnoses	?	□ No	☐ Yes	
If yes, please list:				
Are you currently taking any medica	ations?	□ No	☐ Yes	(please complete the chart below)
Diagnosis	Medication(s)			Dosage
Have you been hospitalized in the last year?		□ No	☐ Yes	
If yes, please explain why:				
Do you have any allergies?		☐ Food☐ Drugs☐ Environment☐ Other:		
If yes, please provide details:				
Do you have any communicable diseases?		□ TB□ HIV□ Hep A, B, or C□ Other:		
If yes, please provide details:				-
Have you been tested for TB in the	last year?	□ No	☐ Yes	
Name of clinic/facility where test w	as conducted:			

IMPORTANT: TB Testing

In addition to this Preliminary Intake Assessment Form, you **must** provide the Intake Counsellor with recent TB test results *prior to entering treatment*. If TB testing is not offered through your Primary Care Provider, please speak with our Intake Counsellor to discuss TB testing options.



Part 7: Mental Health

Mental Health				
Do you have any psychiatric diagnoses?		□ No □ Yes	(please complete questions below)	
Please check all that apply:		☐ Depression☐ OCD	☐ Anxiety ☐ CPTSD/PTSD	
Please list other psychiatric diagnos	ses:			
Are you currently taking any medic your psychiatric health?	ations relating to	□ No □ Yes	(please complete the chart below)	
Diagnosis	Medication(s)		Dosage	
Do you have a history of any of the following?		 ☐ Suicidal Ideation ☐ Self-harming behaviours ☐ Eating disorder(s) ☐ Fire-setting behaviours ☐ Self-injury 		
Have you ever been hospitalized fo care?	r psychiatric	□ No □ Yes		
If yes, please explain why:				
When was the date of your most recent hospital stay?				
Do you have any other comments about your mental health?				
Mental Health Care				
Do you currently have a mental heamental health team, or psychiatrist		□ No □ Yes	(please complete the chart below)	
If you do not have one, would you like to be connected with a Mental Health Worker?		□ Yes □ No		
Community Mental Health Worker	/ Team			
Name:		Phone:		
Agency/Office:				
Psychiatrist				
Name:		Phone:		
Agency/Office:				



Part 8: Spirituality / Religion / Cultural Background

Spiritual / Religious Beliefs	
Do you have any spiritual/religious beliefs?	☐ Yes ☐ No
If yes, what are they?	
Do you have an active devotional life or other spiritual practices?	☐ Yes ☐ No
Spiritual / Religious History	
Was your family an influence on your spiritual/religious life?	☐ Yes ☐ No
If yes, please explain:	
How would you describe your experience with spirituality/religion?	☐ Positive ☐ Negative
Do you see a connection between your spiritual/religious life and substance use?	☐ Yes ☐ No
If yes, please explain:	
Cultural Background	
What is your cultural background?	
Do you self-identify as	☐ Indigenous ☐ First Nations ☐ Métis ☐ Inuit ☐ Prefer Not to Answer



Part 9: Program Readiness

Are you ready?
Is there anything that would prevent you from participating with community meals and/or household
chores? No Yes
If yes, please explain:
Disease list any shallowers you've found in the west valeting to your vessyon.
Please list any challenges you've faced in the past, relating to your recovery:
What personal assets will aid you in your recovery?



Part 10: Letter of Introduction

Please write a letter introducing yourself and sharing why you would like to attend the Harbour Light Treatment Program.



Part 11: What to Bring to Harbour Light

Please note that all your belongings need to fit into a small wardrobe. Storage is limited, and excess belongings that do not fit into the space provided are not permitted.

PLEASE BRING:

- A list of ALL the belongings you are bringing into the facility
- New medication prescriptions from your physician (not filled, just the prescription)
- Comfortable casual clothing, including closed toed shoes and long pants
- Toiletries and other personal care items
- An alarm clock

DO NOT BRING:

- Drug paraphernalia or weapons
- Devices that access the internet, including portable movie players, TVs, or computers
- Clothing promoting drug or alcohol use, violence, sex, or inappropriate language
- Valuables or large sums of money